



Believe In A Cure. 
www.OverrunOvarianCancer.com

The 13th Annual OVERRUN Ovarian Cancer

5K & 1 Mile Run/Walk

Sunday, September 29th 8:30 AM- race start!

7:00 AM- Race day registration and PPU

Southcreek Office Park

7200 W. 132nd St. OP, KS 66213 Overland Park, KS

Phone app maps do not always take you to the correct spot!!

The parking lot is at the northwest corner of 132nd and Metcalf!

Participant Guide



Participants~

Thank you for joining us for the 13th Annual OVERRUN Ovarian Cancer 5K Run/Walk & 1 Mile Teal Trail Walk! Please take a moment to review this guide for important race day information.

Proceeds from this race benefit much needed ovarian cancer research at The University of Kansas Cancer Center, as well as patient advocacy and ovarian cancer awareness in the KC Metro area.

Ovarian cancer needs a stronger voice.

Thank you for helping us Make Some Noise for ovarian cancer!



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Packet Pick Up

We suggest coming to packet pick up on Saturday to avoid long lines on Sunday morning.

Saturday September 28th, Noon-4PM
Dick's Sporting Goods
11801 Nall Ave. Leawood, KS



(Please proceed up the escalators for Packet Pick up.)

- You are welcome to pick up packets for family & friends
- You will receive a shirt, bib, and reusable bag. Your timing chip will be attached to the back of your bib.

(The 1 Mile walk is not timed)

T-shirts are NOT guaranteed for registrations on 9/21 or later!

You may still register at PPU and race day morning, but prices will increase, and we cannot guarantee a t-shirt.



RACE DAY: Sunday 9/29

5K Run/Walk Start time: 8:30 AM

1 Mile Walk Start time: Immediately following the run

5K runners please line up according to ability with faster runners at the front. 1 Mile walkers please line up **BEHIND** the 5K runners & Walkers

Start location: Southcreek Office Park
(7200 W. 132nd St. Overland Park, KS)

This is the NW corner of 132nd and Metcalf

Phone map apps do not always take you to the correct spot!

Parking is plentiful on the south side of 132nd street.



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About Race Day

- The 5K race will be chip timed- your start time will be when you cross the starting mats; finish time, when you cross the finish mats.
- If it rains, the race will still be held, but if it is unsafe to run or walk the race director reserves the right to cancel the event. No refunds will be given.
- For the 5K, please line up according to your pace - faster runners in the front, walkers and strollers in the back.
- 1 Mile walkers will begin immediately after the 5K. There will be signs for the 5K & 1 Mile at the start line.

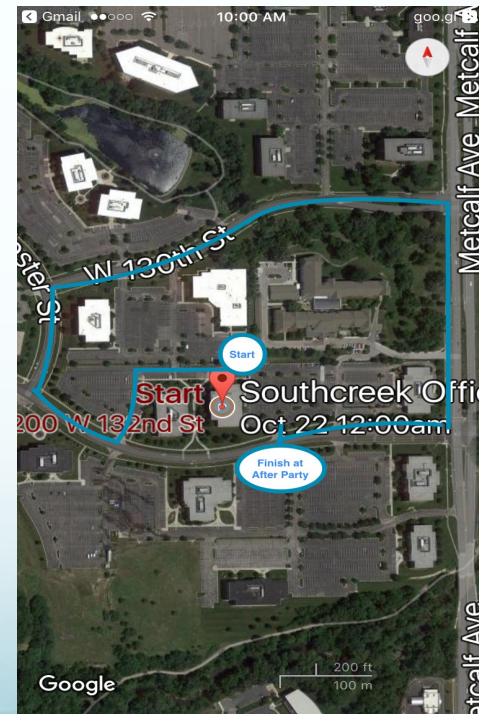


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5K Course Map



1 Mile Teal Trail Walk Map





Awards

- Awards will be given to the top overall male and female finishers, the top overall masters male and female, and top three male and females in each age group.
- Overall and age group awards will be given out at the event. Awards not picked up will be available at Bodies Health & Fitness in Greenwood, MO.

10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over

Finisher medals to 5K event ONLY. There will be no 1 mile awards

Photos will be taken at the event and posted to our website a few days after the event: www.overrunovariancancer.com



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HOPE Tent & Team Village

Ovarian cancer survivors, please visit us at **The HOPE Tent**, across from the stage for a special treat. If you choose, please wear your special Survivor Teal T-shirt which you will receive with your packet. There will be a special Ovarian Cancer Survivor Group photo taken before the race at the stage at 8:15 am. Please join us!

Everyone may visit **Team Village**, a place for teams to meet while supporting a friend or loved one. Don't miss checking out all of the tables as teams are encouraged to decorate for loved ones.

Thank you for **TEAMING UP** on ovarian cancer!





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The OVERRUN Raffle & Silent Auction

Raffle items and Silent Auction items will be on display at Packet Pickup on Saturday, and again race day morning.

You may purchase raffle tickets at either event using cash, check or credit card. If you purchased your tickets online as you checked out, they will be in your race packet.

Raffle Winners and Silent Auction Winners will be announced at The OVERRUN after the race. You need not be present to win!



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Vendors

We are thankful for the incredible community support we receive by way of our amazing After Party!

Don't miss items from these supportive community partners:

The Corner Bakery Café
Cosentino's Price Chopper
Stroud's Truck
Sunset Grill
Krispy Kreme Donuts
Nothing Bundt Cake- (Hope Tent)
Select PT/ReVital Cancer Rehab
Dick's Sporting Goods
Candid KC Photo Booth
Seoul Chiropractics
Alloy Personal Training
Costco

Little Bee Project - Honey for sale!
Baldiful Brand/Garage Door Apparel-
apparel for sale!
KC Fashion Truck – apparel for sale!
Natural Grocers
SA Face Painting
GSK
Immunogen
Culligan Water
KWCE-TV
DJ Aaron Gregory
Advent Health



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Thank you for participating in The 13th Annual OVERRUN Ovarian Cancer 5K Run/Walk & Teal Trail Walk and joining us in the FIGHT against ovarian cancer.
We hope to see you again next year!

